

# Activities to **Avoid** During Unhealthy Air Quality Events

During wildfire events and days of high pollution, you can help by avoiding activities that add more smoke or dust into the air we breathe.

## Landscaping



Do not use lawn equipment that may put more pollution from motors, dust, or ash into the air.

Postpone or limit dirt-moving activities at construction sites. If a project must continue, make sure to use low speeds and prevent dust with water or other methods.

## Construction



## Burning



Burning anything, even dry wood in an outdoor fire pit, creates harmful smoke. Visit [AirQuality.org](http://AirQuality.org) to see which burning activities are illegal in Sacramento County.

Avoid any outdoor cooking that produces smoke.

## Outdoor Cooking



SACRAMENTO METROPOLITAN



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**CALIFORNIA**  
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