



What is YAB?

The Youth Advisory Board (YAB) is a group comprised of talented young leaders, ages 14-21, who join BREATHE's efforts in education, policy, advocacy, and research. YAB members meet with BREATHE staff and/or Board of Directors monthly to contribute their voices to BREATHE's clean air, lung health, and tobacco prevention projects.

YAB members contribute to BREATHE's mission by:

- Speaking on behalf of Breathe California Sacramento Region' programs to the media and at events.
- Building new partnerships between Breathe California and their school and community.
- Advocating for clean air, lung health and tobacco control policies.
- Strengthening leadership skills and utilizing these skills in planning meetings and events.
- Making our community a healthier place to live.

What are the responsibilities of YAB?

Serve as ambassadors to schools/community:

- Support the inclusion of mission-based programs on respective school campuses
- Create awareness of our mission, programs and goals among peers and the community in general

Carry out the "youth voice" for our youth programs

- Serve as spokespersons for youth programs
- Attend program meetings in which the member is an active participant (i.e. Thumbs Up! Thumbs Down!)
- Have the opportunity to assist with special events/fundraisers
- Work with the Board of Directors and Breathe California Sacramento Region Staff on programs and event development, advocacy, outreach/ networking, and all other areas that impact our mission

Serve on a YAB Committee

- Must serve on one committee (can serve on more than one)
- Attend and actively participate in committee meetings
- Actively participate in planning committee activities

Commit to 5 specific program/event actions:

- Attend/present to city councils, county board of supervisors or California state legislature
- Plan and attend Earth Day or other events
- Participate in Breathe Youth Media Awards
- Participate in Youth Quest
- Conduct presentations to community groups, peers or the Breathe Board of Directors
- Write letters to elected officials or community leaders
- Provide content or post to social media

What are the rewards of serving as a YAB member?

- Leadership skills
- Civic engagement
- Public Speaking and Educational outreach
- Letters of recommendation for college or jobs
- Community service hours



BREATHE CALIFORNIA
Sacramento Region
CENTENNIAL



2017-2018 Application

Due by: June 30, 2017

Applicant Name: _____ / _____ Date _____
Last first middle initial

Birthday: ____ - ____ - ____

Mailing Address: _____ / _____ / _____ / _____
Street city state zip code

Home Phone: (____) ____ - _____ Cell :(____) ____ - _____

Email _____

If applicable, Name of School: _____ Grade in 17/18: _____

Please rank the best way to communicate with you (1 is for best, 4 is for least):

___ Call me at home phone ___ Call me on my cell ___ Text me ___ Email me

Parents/Guardian Name: _____ / _____
Last first

Cell (____) ____ / _____ Email _____

Please rank the best way to communicate with your parent/guardian (1 is for best, 4 is for least):

___ Call me at home phone ___ Call me on my cell ___ Text me ___ Email me



Youth Advisory Board: Letter of Agreement

Breathe California Sacramento Region (BCSR); *The Clean Air and Healthy Lungs People* expect the following from you as a Youth Advisory Board member:

- Attend at least 8 of the 10 meetings (August through May), including a mandatory orientation meeting at the beginning of your term. *If you miss more than 2 meetings without contacting Youth Advisory Board staff, you may be asked to resign from the board.*
- Respond to communications regularly and timely with staff via email, text or phone.
- Attend at least one BCSR Board of Directors' meeting during the 2017-18 term.
- Serve on a minimum of one committee. Most committee activities will require meeting outside of the regular YAB meeting time and are coordinated among you and the other YAB members.
- Actively assist and advise the organization in the areas of youth program development and management.
- Be available and eager to represent the organization in various settings.
- Be active advocates for the association's mission.
- Work with staff, Board of Directors, and fellow members to define and monitor the implementation of our mission, goals and values.
- Maintain a 2.5 GPA in all schoolwork. *(You may be asked to submit current transcripts 1-2 more times during the year.)*
- To evaluate your experience and the activities of the Youth Advisory Board at the end of your term.

What Youth Advisory Board members may expect from Breathe California Sacramento Region:

- Respectful use of your time. The asset of time is one of the most critical resources busy people like you have. We commit to using your time in a manner that will return value to your personal contribution.
- Supply appropriate training to you to become an active leader and team player in our community.
- Offer you community service credit when appropriate.
- Get important information to you in a timely manner.
- An interesting, exciting and valuable experience.

I agree to these terms and to serve from August 1, 2017 to June 30, 2018.

Signature of Member

Date

Breathe California Sacramento Region
909 12th Street, Suite 100
Sacramento, CA 95814
916-444-5900



Breathe California Sacramento Region Photo Release and Permission

If applicant is over 18 years of age, complete this section:

<input type="checkbox"/>	By checking this box, I give to the Breathe California Sacramento Region, its nominees, agents and assigns, unlimited permission to use, publish and republish for purposes of advertising trade, or any other lawful use, information about me and reproductions of my likeness (photographic or otherwise) and my voice, whether or not related to any affiliation with Breathe California Sacramento Region, with or without my name.
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If applicant is a minor, please complete this section:

<input type="checkbox"/>	By checking this box, I consent and agree, individually and as parent or legal guardian of the minor named above, to give to the Breathe California Sacramento Region, its nominees, agents and assigns, unlimited permission to use, publish and republish for purposes of advertising trade, or any other lawful use, information about me and reproductions of my likeness (photographic or otherwise) and my voice, whether or not related to any affiliation with Breathe California Sacramento Region, with or without my name.
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Parental Permission

I hereby give my son/daughter, _____, permission to participate in the Youth Advisory Board and related Breathe California Sacramento Region's activities and will make sure they are available for trainings and meetings. I release and hold harmless Breathe California Sacramento Region, its employees and constituents from all liability involved from my son/daughter participating in this project and subsequent project activities.

Parent/Guardian(s) (please print) _____

Parent/Guardian Signature(s) _____ Date: _____



YOUTH ADVISORY BOARD: JOB DESCRIPTION

The Youth Advisory Board is a leadership opportunity for students to utilize and further develop management, public speaking, and other professional skills. Through active participation by its members the Youth Advisory Board: *Expands Youth Involvement to enhance our goals of clean air, healthy lungs, and the elimination of lung disease.*

The Youth Advisory Board will represent Northern California youth and will increase youth involvement in all areas of our organization.

Qualifications

- Be between the ages of 14 and 21 years old
- Maintain a GPA of at least 2.5, if attending middle or high school or college
- Attend monthly Youth Advisory Board meetings which include an orientation meeting and a joint meeting with the Breathe California Sacramento Region Board of Directors. Meetings will be held between August 2017 and May 2018
- Be able to provide your own transportation to and from Youth Advisory Board Meetings and activities/events
- Represent Breathe California Sacramento Region as a non-smoker, including electronic smoking devices or other combustible substances.

Specific Responsibilities

Serve as ambassadors to schools/community

- Support the inclusion of mission-based programs on respective school campuses
- Create awareness of our mission, programs and goals among peers and the community in general

Carry out the "youth voice"

- Serve as spokespersons for the Breathe mission and projects
- Attend program meetings in which the member is an active participant (i.e. Thumbs Up! Thumbs Down!)
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Serve on a YAB Committee

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Contribute to Breathe Programs/Events

- Commit to 5 specific program/event actions